#### **SOCIAL CLUBS**

Social Clubs gather in the community and at Cleveland Sight Center. Clubs meet monthly in the fall and spring seasons. Drivers for those who are blind or have low vision are welcome to attend meetings, which consist of lunch, a business meeting, and an educational or entertainment agenda. Clubs in the area include:

- Winner's Club (Cleveland Sight Center, Cleveland)
- Anchor Club (Lakewood)
- Southwest Club (Parma)
- Victory Circle (Chagrin Falls)

#### **OTHER PROGRAMS**

- Arts & Crafts
- Audio Described Theater
- Braille Notes Choir
- Card Games & Board Games
- Cleveland Orchestra Music Study Groups
- Crochet Classes
- Cross Country Skiing and Snowshoeing
- Group Exercise including Yoga, Boot Camp, and Tai Chi
- Line Dancing
- Walking Club
- And more!



University Circle 1909 East 101<sup>st</sup> Street Cleveland, OH 44106 216-791-8118 clevelandsightcenter.org

Cleveland Sight Center (CSC) is a nonprofit 501(c)(3) agency and is one of the most comprehensive service providers in the country for people of all ages who are blind or have low vision. Cleveland Sight Center provides rehabilitation services and other programs to any individual with a vision-related need. CSC's mission is to empower people with vision loss to realize their full potential and to shape the community's vision of that potential.

Cleveland Sight Center's services are accredited at the highest level of standards from CARF, an international, independent, nonprofit accrediting body.



For more information please contact the Recreation and Camping Department: 216-791-8118 info@clevelandsightcenter.org



# RECREATION AND CAMPING



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#### **TANDEM BIKE & HIKE**

This group begins in April and concludes in September with monthly outings on the third Saturday of the month.

Transportation to the Cuyahoga Valley National Park is provided by CSC.

There is a minimal monthly fee for light refreshments, equipment rental, and transportation to and from home.



### **HIGHBROOK LODGE**

Highbrook Lodge, a residential camp in Chardon, Ohio operated by CSC since 1928, offers separate programs for children, families, and adults who are living with blindness or low vision. Summer camping programs are available for all ages and additional recreational outings are scheduled throughout the year so that everyone can enjoy all that Highbrook Lodge has to offer.



## **GOLF**

Golf begins with the annual tee-off banquet in April. Tuesday evening outings at local driving ranges and golf courses are held weekly May through August. An awards ceremony/final golf day concludes the season in September. CSC will provide a sighted coach. Golfers will be responsible each week for any costs associated with greens fees, golf carts or pull carts, and a bucket of balls. In addition, special competitions and outings are scheduled throughout the season.



## **SAILING**

CSC's sailing program begins in the spring with a program that includes seamanship basics, water safety, teambuilding, and hours of fun. Trained volunteers assist crew members in developing skills to sail on a weekly basis. Crews take to the waters of Lake Erie in the summer months with captains and mates.

