

Keeping You "In the Know..." 8/2/19

Coming Soon...Spellbound: Do You Believe?

SAVE THE DATE!

Spellbound: Do You Believe? *Myths, Facts, Superstitions and Possibilities*

Friday the 13th of September 6:00 p.m. Cocktails 7:30 p.m. Dinner and Program Intercontinental Hotel 9801 Carnegie Avenue Cleveland, OH 44106

Spellbound is Cleveland Sight Center's annual gala to raise important dollars for the agency's programs that educate, employ and empower that lead to independence.

Visit clevelandsightcenter.org/spellbound for additional information coming soon!

Strengthening Partnerships and Educating the Community:

-CSC's Outreach Team will attend the ADA Day Resource Fair at University Circle's Wade Oval on Wednesday, August 7th. In addition to the Resource Fair, it will be "Cleveland Sports Night" including the Cleveland Cavaliers "All for Fun" Tour, Cleveland Indians Hot Dog Mascot Race around Wade Oval, a concert at 6:00 p.m. and the film "Captain Marvel" will be shown at 9:00 p.m. -CSC's Outreach team met with an occupational therapist visiting from University Hospital's Parma Hospital facility this week as she was interested in a tour and learning more about CSC's programs and services. Steve Frohwerk, Alicia Howerton, Tom Sawyer and Megan Sigler met with the leadership team from the City of Cleveland's Department of Aging this week to begin planning Disability Awareness Day event in the fall. Specific details will be announced soon but the targeted date will be Tuesday, October 15th. CSC will be the featured agency at this event.

What's Happening at CSC:

-Congratulations to friend of CSC Terry Craddock who recently completed the Adult Literacy program at CSC and earned his GED ® degree!

-Each month, CSC is drawing one volunteer to win a gift card each month as a thank you for recording volunteer hours that provide important information to the agency. This month's winner: Carole Anthony!

Carole Anthony – Radio Reader

A New Yorker at heart, Carole Anthony takes the love for a city she lived in for 16 years, channeling that love into her recordings of the New York Times for Cleveland Sight Center Radio – CSCN. With volunteering a tradition in her family, Carole explains that giving back to the community has become a part of who she is, helping not only at CSC, but also throughout other organizations in the Cleveland area. As a radio reader, Carole wants to make sure that people are not isolated from information, though sometimes selecting content can be challenging since "there is so much to choose from." Nevertheless, Carole records diligently for CSCN each week, selecting a variety of content and making a point to include positive articles that celebrate the good in the world. Thank you Carole for the dedication you show to CSCN and for sharing your passion for making a difference with those who experience blindness and low vision. Cleveland Sight Center is lucky to have you and thankful for your support!

-The participants in the Career Exploration program held the annual Bake Sale this week. Thanks to all staff who stopped by to purchase some of the tasty treats & sweets! Thanks also to Annette Jakse, Rebecca Cornell and Becky Batchelor for overseeing two weeks of baking.

-All summer programs in the Children & Young Adult Services department have concluded! The team looks forward to hosting the annual Educators Workshop at CSC on August 9th. For information on the 2019 "See What's Possible" workshop for educators, teachers and staff, <u>click here</u>.

-CSC's Bright Futures Preschool will begin the school year on August 27th.

-Dr. Lidija Balciunas will present "Low Vision Principles" to all interested CSC staff on Tuesday, August 27th from 8:30 a.m. to 10:00 a.m. Working with CSC's patients and clients often involves reading electronic medical reports from eye doctors or gathering information from CSC eye reports. Sometimes that information can be difficult to interpret. The "Low Vision Principles" presentation will cover the basics about how to understand and interpret data such as visual acuity, visual fields, refractive errors for glasses and bioptic telescopic spectacles. All are welcome – please make sure you have supervisor approval. Come prepared with your questions or email <u>Dr.</u> <u>Balciunas</u> specific topics you would like her to cover.

-Recreation programs this 5th Tuesday of July included Line Dance, Crochet, Music Group and Yoga. Please note there will be no Recreation programs at CSC during the month of August. Recreation programs will resume in September. Mark your calendars for Tuesday, September 10th and get involved with Line Dance, Crochet, Yoga and so much more!



Line Dancers get their groove on as they step to the music

What's Been Happening at Highbrook Lodge:

-Check out some feedback received from campers who attended last week's Adult Resort session at Highbrook Lodge...way to go, Highbrook Lodge team!

-"I felt so special."

-"The staff (members) were beyond compare, so kind and helpful without making us feel like we were children."

-"I didn't get lost even though it was my first time there, because the staff (members) were so attentive to my needs."

-"We were always busy having fun and treated with respect."

-"Jenny and Vince make a wonderful team and they really set the tone for the staff."

-"Can't wait until next year!"

-Help Highbrook Lodge end their summer session with a bang by attending the End-of-Summer BBQ. This event will take place on Sunday, August 11th from 12:00 p.m. to 3:00 p.m. During this special event, Highbrook Lodge will provide delicious picnic foods, activities for 'campers' of all ages (including swimming), and an amazing atmosphere with incredible company. The cost is only \$5.00 per person, which can be paid at the Eyedea Shop. You can either make your own way up to Chardon or ride with Highbrook Lodge staff departing from Cleveland Sight Center. If you are riding with staff, plan to arrive at CSC by 10:30 a.m. and be prepared to be dropped back off at CSC at 4:00 p.m. To RSVP, call Jenny at 216-658-4596 or email <u>ischaeffer@clevelandsightcenter.org</u>.

Eyedea Shop's Featured Product of the Week: Pot Strainer

-This week's featured item may look odd but can be a very useful tool in your kitchen. It's actually a pot strainer made of silicone. It can be clipped on the side of a pot or pan for easy straining of hot foods, whether it be pasta or vegetables or fried foods. Silicone is heat resistant and can tolerate the heat. The strainer slips onto most pans securely and makes straining a safer chore if you are visually impaired or blind. The price is \$15.00.



Items of Note:

-If you are or someone you know is an artist who is blind or has low vision, consider submitting artwork to grace the cover of some of the 2019 Holiday Cards! Over 10,000 cards are sold annually and on the back of the card is a brief biography about each artist. The requirements for this year's cards are as follows: artist must be blind or have low vision; two submissions per artist; if submitting in digital format, artwork must be at least 300 DPI, entry window is July 1, 2019 – August 26, 2019; submit entries to bpiascik@clevelandsightcenter.org. Any questions, please contact the Eyedea Shop (x4666).

-Walmart and Sam's Club are offering a free prescription reading device for customers who are blind or visually impaired. For the full article, <u>click here</u>.

-Check out how Nate Berkus, the interior designer and co-host of "Nate & Jeremiah by Design," is making homes safer for people with vision loss. In this article, he shares his ideas for home updates that can make spaces safer — without sacrificing style — for people with vision loss. For the full article, <u>click here</u>.

-The Wooltex Gallery in Cleveland is showcasing the photographs of Bob Holcepl. Holcepl, primarily self-taught as a photographer, worked as an editorial and advertising photographer for 20 years, retiring from photography in 1990. The work being shown is representative of the 10 years he considers his most productive. Mr. Holcepl's work has appeared in local and national publications, and is part of the Cleveland Museum of Art's permanent collection. Returning to the Tower Press represents a bit of a homecoming. Mr. Holcepl had a studio on the 4th floor of the building's east wing from 1976 to 1981, when the building still housed primarily industrial tenants. A group of artists later moved to the west wing of the building, beginning its slow transition into an artist space. Proceeds from sales of photos from will benefit Cleveland Sight Center and The Glaucoma Research Foundation Free, 11am-6pm 1900 Superior Ave<u>,</u> Cleveland, OH <u>thewooltexgallery.com</u>