



Keeping You “In the Know...” 7/8/16

The "Lowe" Down from Highbrook Lodge:

- The sun is out, the flowers have bloomed, and the mosquitoes are in full force. That can only mean one thing: summer is here! And what summer would be complete without a visit to [Highbrook Lodge](#) summer camp? This year is no exception; [Highbrook Lodge](#) is the place to be!

Summer kicked off with two weeks of staff training for [Program](#) and [Cabin Leaders](#). This year, the [Highbrook Lodge](#) staff was also lucky enough to welcome Recreational Therapy Intern [Shelby Rieger](#) to the team. This is part of a growing effort to incorporate recreational therapy into daily camp life, which includes creating individual goals for all campers, charting weekly progress, and writing transition notes at the end of every session. Staff members were taught techniques for writing and charting progress during training. In addition, staff learned the “in’s and out’s” of camp life, from toileting to leading campfire songs and everything in between! And how to ensure that staff absorbed all of this pertinent information? It was put to the test, of course, with a riveting round of the Summer 2016 Staff Olympics! With events such as bowling, archery, and synchronized swimming, staff demonstrated enthusiasm, ability, knowledge of safety procedures, and a sense of healthy competition. It was an intense race among five different teams, hailing from five different cabins. In the end, the three fierce ladies from [Cabin Palda](#) pulled ahead, claiming victory...however, all cabins put on an impressive display.

With the Staff Olympics under the team’s belt, they knew they were ready for the next challenge: campers. The 2016 Camp Season started the only way they know how to...with a celebration! Yes, [Adult Celebration](#), the session for adults with multiple disabilities, always proves to be a summer highlight. This year, 29 campers were

welcomed for six action-packed days! In past years, campers have rotated among the program sites of Art, Music and Drama, Sports and Recreation, and Nature. This year, Outdoor Living was added to the lineup, and it was quite a hit! Of course, with activities such as orienteering, fire building, and cooking over the campfire, what's not to love? The weeklong session, similar to [Staff Training](#), also followed an "Olympics" theme. Campers made cabin flags and cheers based off of different countries, and participated in a wide variety of games based off of the Olympics themselves. All the glory and grandeur of the Games without the crowds or travel fees? This session really took the gold!

After such an awesome, jam-packed week, staff took a couple of days off to ensure that they were ready to take on the next session with as much energy as possible. The staff then returned to camp, ready to welcome the CSC's [Summer Youth Work Experience](#) participants. These students transitioned into the camp life flawlessly. Alongside staff, they enjoyed three days of Fourth of July festivities. The last night of the session was spent building patriotic rafts to sail staff across the pool. Counselors and campers alike donned as much red, white, and blue as they could find, including copious amounts of face paint. Even Moe put on his nicest dress before boarding a raft for a short-lived trip in the pool. Although the time together was limited, the staff was very sad to say goodbye to these campers. However, if one group of campers is leaving, that means that another is just around the corner!

Just hours after the students from [Summer Youth Work Experience](#) had left, campers for the [Adult Resort](#) session arrived. With this session underway, campers are traveling back to the Wild, Wild West. Campers are strongly encouraged to actively participate in a variety of activities that are worthy of even the finest cowboys! They will have the opportunity to line dance, throw lassos, and engage in a good old fashioned gold rush! And speaking of gold...

Have you #RubbedTheRock? [Highbrook Lodge](#) is home to the mystic golden rock, whose history on this property dates all the way back to the 1800's (probably). With a background that is worthy of epic

campfire lore, this rock can guarantee good luck to all of those who rub it. The power of the rock shone through once again this summer after staff took great care to touch it before Game 7 of the National Basketball Association's Finals, when the Cleveland Cavaliers defeated the Golden State Warriors for their first NBA championship, and Cleveland's first major championship in 52 years! The [Highbrook Lodge](#) team supposes they can't take all the credit, but...you're welcome Mr. Lebron James.

- The [Adult Resort Banquet](#) will take place at [Highbrook Lodge](#) on Friday, July 8th at 6:00pm followed by music and dancing from 7:00pm – 9:00pm by the Chozen Few Band ([Ralph Johnson's](#) band).

Summer Programs Continue and More on Deck:

- The [Summer Youth Work Experience](#) participants continue the usual work and lessons in technology, activities of daily living, and orientation & mobility. For fun this week they completed an art project with a local business owner (Cookie and Cupcake), will attend a drive-in movie Friday, visit the Cuyahoga Valley National Park on Saturday, and attend the Sunday Cleveland Indians baseball game. In their spare time, they are getting ready for next Wednesday's Job Fair (10:30 – 11:30) and Talent Show (3:00 – 4:00), which will both be held in the [Clyde E. Williams, Jr. Auditorium](#).



Andrea Marley gives a lesson in Braille



Participants prepare a job club activity

- **CYAS** will be hosting an Ice Cream Social for our **Early Intervention** families on Tuesday, **July 12** from 1:00pm – 3:00pm. Weather permitting, the **CYAS** team will serve in the 1st floor HUB and eat in the HUB or courtyard and then play in the playground area.
- **Bright Futures Summer Day Camp** for preschoolers concludes Thursday, July 14th and the **Summer Youth Work Experience** program concludes Friday, July 15th. But the fun doesn't end for **CYAS** as **ABCs Day Camp** for kids ages 5 – 8 and the **Career Exploration** program for teens 14 – 16 both begin on Monday, July 18th. For more information on these programs, [click here](#).
- The annual “**See What's Possible**” workshop for teachers, educators, and those working with students who are blind or have low vision in the 2016-2017 school year is scheduled for Thursday, August 11th at CSC. The workshop will feature strategies, technology, and demonstrations. The program fee is \$25 and includes all materials, lunch, and certificate. Contact **Lorie Marsalis** (216-791-8118) to register or for more information.

Educating and Engaging the Community:

- **Lisa Cellura** presented “**Blindness Basics**” to staff at Rudwick Manor Nursing home on Wednesday, and on Friday **Lisa Cellura** and **Jane Arnoff Logsdon** host the Urban Squash Cleveland Day Camp for an afternoon of education and service learning. Urban Squash Cleveland is a youth development organization that transforms the lives of inner-city youth through academic support, the sport of squash, and enduring life skills. Thanks to Board Trustee **Rob Hartford** for facilitating the introduction of Urban Squash Cleveland to CSC. For additional information on Urban Squash Cleveland, [click here](#).

Items of Note:

- [Job Club](#) will meet on Thursday, July 21st in the [Clyde E. Williams, Jr. Auditorium](#) 10:00am – 11:30am. This month, CSC’s Human Resources Generalist [Tina Pringpuangkeo](#) will be joining [Job Club](#) to discuss the hiring process at Cleveland Sight Center and CSC’s Call Center. She will also share “do’s and don’ts” of job interviewing, resumes, and contacting employers. Come learn the right way to knock their socks off! For more information, contact [Nicole Kahn](#) (216-791-8118).
- Justin Moore, co-founder and COO of NuEyes, will present the NuEyes product at 2:00pm in the [Clyde E. Williams, Jr. Auditorium](#) on Thursday, July 21st. What is NuEyes? Wearable technology is the future and NuEyes featuring ODG smartglasses brings the future to you in a small, compact yet powerful head worn device. NuEyes featuring ODG smart glasses, finally makes it possible for those with visual impairments to connect with loved ones and others without always having to use a big clunky machine. The removable visual prosthetic helps those with low vision see again while keeping their hands free. For more information, contact [Tom Sawyer](#) (216-791-8118) or [click here for the NuEyes website](#).

Did You Know?

- The Olympic Games, which originated in ancient Greece as many as 3,000 years ago, were revived in the late 19th century and have become the world’s preeminent sporting competition. From the 8th century B.C. to the 4th century A.D., the Games were held every four years in Olympia, located in the western Peloponnese peninsula, in honor of the god Zeus. The first modern Olympics took place in 1896 in Athens, and featured 280 participants from 13 nations, competing in 43 events. Since 1994, the Summer and Winter Olympic Games have been held separately and have alternated every two years. This summer’s Olympic Games will be held in Rio de Janeiro, Brazil, from August 5 – 21.