

Keeping You "In the Know..." 5/10/19

White Cane Walk at CSC on Saturday, June 1st:

-This year's **WHITE CANE WALK** is less than a month away! On behalf of the White Cane Walk Committee, led by Board Trustee Sara Parish, we invite you to join us for a 1 mile walk and other fun activities to raise funds and awareness for CSC. This year's event will once again be held right here at CSC on Saturday, June 1st! Register to walk (adults \$15 includes event t-shirt; children 10 and under are free), create your own fundraising team or make a donation to an existing fundraising team at www.whitecanewalk.org. A donation of \$15 or more also qualifies you to walk.

WHAT IS WHITE CANE WALK? White Cane Walk is CSC's annual event to raise critical dollars needed to support our mission and raise awareness of our agency and the services we provide. Over its 14-year history, White Cane Walk has raised over \$750,000 in support of CSC. These funds are vital to keep many programs and services available to clients, many of which are not covered by medical insurance. This event is also a great way to show family, friends and colleagues the fantastic agency we call our work "home."

HOW CAN YOU HELP? Register to walk, start your own fundraising team or make a donation to an existing fundraising team! Share the event with everyone you know! Spread the word on social media, send emails to friends and share the event brochure with others.

If you have any questions or would like help setting up a fundraising team please reach out to Steve Frohwerk or Melanie Sliman (216-791-8118).

Thanks for your continued support of CSC!



Strengthening Partnerships and Educating the Community:

-CSC had its first Medicaid white cane recipient this week! The Medicaid rule 5160-10-30 now includes coverage for white canes as durable medical equipment, which previously covered canes, crutches or walkers but excluded coverage of white canes. The rule took effect January 1st, 2019. For more information, click here.



Dr. Annalisa Schloss and Larry Benders with CSC's first Medicaid white cane recipient

- -CSC Optometrist and Clinical Manager Dr. Lidija Balciunas and Board Trustee Dr. Suber Huang were featured in an article in the Cleveland Jewish News that discusses aging and vision loss. To read the full article, <u>click</u> <u>here</u>.
- -The Outreach team held a "Tips Talk" at the Wadsworth (Soprema) Senior Center, where a recently-retired optometrist was in attendance at the talk and agreed with CSC's talking points. Outreach also attended the Medina Senior Network meeting at Avenue of Medina, presented an overview and Assistive Technology information to students from Hawken School and presented the "Tips Talk" at Anna Maria of Aurora to cap off another active week.
- -A group of students from St. Ambrose School in Brunswick visited CSC this week to learn about the agency and hear about careers. Alicia Howerton and Tom Sawyer gave an overview of CSC then the students heard from a panel which included Jerry Kest, Stephanie O'Donnell, Laurie Schlickman, Taylor Volrich and Vince Williams. Students then participated in hands-on activities including beeper corn hole, cup stacking, water pouring, signature guide signing and "braille a word" all under blindfold.



A full Clyde E. Williams, Jr. Auditorium as students listen to the panelists



Panelists answering the students' questions



A student stacks cups while blindfolded

What's Happening at CSC:

-Volunteer Services is currently recruiting for multiple one-time volunteer opportunities at events like Winners Club on Thursday May 30th, White Cane Walk on Saturday June 1st and Parade the Circle on Saturday June 8th. During these events, staff and volunteers will have the opportunity to

lead engaging outreach activities and connect with clients of CSC to support their participation in fun programs and activities. If you or someone you know is interested in volunteering or learning more about helping with these events, contact Manager of Volunteer Services Melissa Mauk (216-658-4581 or <a href="manager-manag

-A group from Progressive's corporate IT department volunteered at Highbrook Lodge on Thursday, May 2nd helping with various projects including wallpaper removal, painting and cleaning to prepare camp for the coming season. Shout out to the group to thank them for all of their hard work!



Volunteer cleans window screens



Volunteers freshening up camp with paint

-Highbrook Lodge also hosted a volunteer group from the Federal Reserve Bank of Cleveland on Wednesday, May 8th. The group rolled up their sleeves to help prime Palda Cabin in preparation for the coming season. CSC is thankful to have this group and others to help make camp a welcoming space for campers!



Federal Reserve Bank of Cleveland volunteer group at Highbrook Lodge

- -Do you know a group, organization, church or school interested in connecting with CSC for a volunteer project? CSC has several projects that use the help of volunteer groups, many projects which take place over the course of the summer. If you know someone looking to organize a group project or learn more about projects available, please be sure to refer them to CSC Volunteer Services. Groups can contact Melissa Mauk at 216-658-4581 or <a href="manual@
- -The first Bike and Hike of the season at Cuyahoga Valley National Park was held on Saturday, May 4th. Clients braved the (still) chilly northeast Ohio weather and enjoyed the great outdoors. Alicia Howerton, Melissa Mauk, the CSC transportation crew and volunteers helped to make it a great day for attendees!



Hikers enjoy a walk along the trail



Hikers walk along the towpath trail in the Cuyahoga Valley National Park



Tandem bikers start to pedal with encouragement from the Park Ranger



Group photo of volunteers and Bike and Hike participants

- -The first golf outing of the season happened on Tuesday, May 7th. Players headed out with volunteer coaches at North Olmsted and Washington Park golf courses for a great afternoon on the links.
- -Tuesday's Social Recreation attendees were busy this week with Line Dance, Crochet, Game Day, Music Group and Yoga.

- -To kick off the last month of the Anthem/USABA National Fitness Challenge, an activity challenge will run from May 4th May 12th and all participants who reach at least 200 active minutes will be entered into a drawing for one of 14 \$50 Dick's Sporting Goods gift cards. There will also be a team average step competition with the winner of each group earning a \$100 Dick's Sporting Goods gift card. Good luck CSC fitbitters!
- -Students in Bright Futures Preschool had another very busy week in class! With the weather finally being warmer they have been able to enjoy more time outdoors. Horseback riding lesson are in full swing and students have been able to use the outdoor trail in CSC's Empowerment Park. The class caterpillars are already very big and fat they should turn into cocoons very soon. And, of course students were very busy preparing for their Mother's Day Celebration this year they invited their moms for a "Painting with Moms" party!



Preschool student enjoys a horseback ride



Three students in one play car as they enjoy the Empowerment Park trail



Students and their family members enjoy the painting project

- -Bright Futures Preschool graduation will be Thursday, May 23rd at 10:00 a.m. in the Clyde E. Williams, Jr. Auditorium at CSC.
- -Winners Club will meet at CSC on Thursday, May 30th and will feature a performance by the Music Group that meets at CSC on the first and third Tuesdays (4:30 p.m. 6:30 p.m.) of every month. For more information on both Winners Club and Music Group, contact Alicia Howerton (216-791-8118).
- -Dr. Mark Bobofchak and Betsey Hallenburg from Eye Care for Animals will be at Cleveland Sight Center to conduct eye exams for service dogs on Thursday, May 30th from 7:30 a.m. 9:00 a.m. Please notify Lorie Marsalis (216-791-8118) if your dog will be participating. Please share this information with clients who have guide dogs.



Logo for National Service Animal Eye Exams

Eyedea Shop's Product of the Week:

-Brighten your day with the Eyedea Shop's new Daylight Portable Rechargeable Lamp. It is the sister product to their other Daylight LED Lamp made by Uno. It has a slender design and also has a dimming feature. It charges with a USB connection or plug into a charging cube. The price is \$48.00...so put some light on the subject, either book or project, with the new Uno lamp.



Daylight Portable Rechargeable lamp