



## Keeping You “In the Know...” 11/10/17

### CSC Receives Grant from The Madge & Lyman Wells Family Foundation:

- CSC received a \$5,000 grant this week from The Madge & Lyman Wells Family Foundation. Madge and Lyman Wells were longtime volunteers at CSC, participating in the Radio Reading and Taping programs during the 1980s and 1990s. Together, they recorded over 500 books for the Taping program. The family continues to be involved and support CSC. The grant will be used for Assistive Technology.

### Educating the Community and Strengthening Partnerships:

- Board Trustee Dr. Suber Huang hosted a kick-off event for the Future Vision Foundation at Canterbury Golf Club on Thursday, November 2<sup>nd</sup>. Dr. Huang is the President/CEO of the Future Vision Foundation, whose mission is to inspire philanthropy to support significant advances in vision and vision science by showcasing physician-scientists, new discoveries, novel approaches, technical innovation, clinical challenges and the stories of those helped by medical research. Dr. Huang gave the keynote address after the film “Seven Years of Darkness” featuring Dr. Anthony Easley was shown. Representing CSC at the event included Board Trustee Linda Smythe, Dr. Lidija Balciunas, Larry Benders, Meghan Hanrahan, Marcia Houston, Marjorie Pyles-Hearst, Dr. Anna Lisa Schloss and Ali Thomas.
- The Community Engagement team continues to educate the community and tell the CSC story. On Tuesday, Desmond Kennedy visited with Premier Physician Center and on Wednesday, Lisa Cellura and Desmond Kennedy presented the “Aging Eye” program and

distributed CSC information at the Collinwood Recreation Center. Also on Wednesday, Lisa Cellura presented the “Blindness Basics” at Jennings Center for older adults and Alicia Howerton gave a tour of the agency to a community engagement manager from Eaton Corporation. Desmond Kennedy visited Hillcrest Hospital on Thursday while Lisa Cellura presented the “Blindness Basics” program to the Summit County Department of Developmental Disabilities. Tom Sawyer gives a presentation of CSC to residents at the Jennings at Garfield assisted living facility on Friday.

- Cleveland 19 News recently highlighted that laws are murky when it comes to emotional support animals and how people are finding it difficult to distinguish between an emotional service animal and a service dog. CSC’s Cathy Javorsky was interviewed and appeared in the feature to give a guide dog user’s perspective. [Click here for the article and video story.](#)
- A group of students in a statistics class at John Carroll University have developed a survey to determine the awareness and effectiveness of CSC in the community. The survey is segmented for doctors/medical professionals, clients/patients and caretakers of clients/patients. [Click here to access the link and take the survey.](#)

### What’s Happening at CSC:

- Inspired by the United States Association of Blind Athletes (USABA) and the National Fitness Challenge, CSC’s Therapeutic Recreation Department continues to promote a fit, healthy lifestyle for all of our clients! Last week, clients participated in a game of seated volleyball while learning the proper techniques for bumping, setting and spiking the ball. This week, clients are taking on Square Dancing, Bocce Ball and much more! Be sure to check out our new opportunities every week [on the website here.](#)



Participant practices spiking the ball during seated volleyball

- The Employment Services Department and the Consumer Council hosted a Consumer Forum at CSC on Thursday, November 9<sup>th</sup>. The forum was titled “Empowered through Employment: Job Readiness: What it means and what do you need to get there?” and was designed for job seekers who are blind or have low vision. Over 30 clients attended to learn what it takes to make the first steps toward reaching their full potential and to sharpen and enhance your skills as they prepare to enter the workforce.



Ralph Johnson moderates the forum



The panelists discuss the work environment

- Bright Futures Preschool children, parents and staff wish to thank all of you who made our Halloween parade such a wonderful event! We wish you a very Happy Thanksgiving!



A paper turkey with names of preschoolers on each feather

- Support Cleveland Sight Center on #GivingTuesday so we can continue to provide in-home services to families like Kenny's. "Early Intervention has helped him process and grow faster than if he didn't have the additional support he has now. Suggestions offered at home by using materials we already had available to us was so different than what a doctor's office or therapy session can provide. When services are provided at home, it decreases the social anxiety by allowing him to stay in his "safe zone." He has improved his cognitive, motor and social skills; he's moving, and that's everything." – Mackenzie, mother of Kenny. [Click here](#) to visit the #GivingTuesday page.



Kenny smiling as he heads down the sidewalk using a support walker

- Save the date for CYAS “Cookies & Milk with Santa” for CSC’s young clients and their families, held at CSC on Saturday, December 9<sup>th</sup>. Invitations will be sent out by CYAS in the near future. For more information about this invite-only event, contact Lorie Marsalis (x8768).
- Upcoming Events at Highbrook Lodge for Adult Campers

Holiday at Highbrook  
Friday, December 1<sup>st</sup>

Winter Weekend 2018  
Friday, February 23<sup>rd</sup> (6:00 p.m.) – Sunday, February 25<sup>th</sup> (noon)

For both events camper paperwork needs to be completed and submitted. For more information email Lindsay at [lsvarovsky@clevelandsightcenter.org](mailto:lsvarovsky@clevelandsightcenter.org).

### **Eyedeas Shop’s Featured Product of the Week: Bump Dots**

- One of the Eyedeas Shop’s top sellers are bump dots, which are raised adhesive dots that can be used all around the house to make life easier for those who are blind or have low vision. They adhere to any surface. Their most popular use is for keyboards, appliances, remotes,

telephones and even keys. They help identify where a flat panel button would need to be pushed, for example on a microwave. Even if you are not visually impaired, they can help you find the start button on the microwave to warm your tea in the morning when your eyes may not be open yet. They can even be used in vehicles to find the eject button on the dashboard CD player. Bump dots have thousands of uses and come in many colors and sizes and shapes. The Eyedea Shop carries a variety package that includes ten colors and sizes...and they are also reasonably priced. Stop in soon and check them out!



Variety of bump dot packages; colors in black, orange and white

### Items of Note:

- Check out this wristband called Sunu, which emits a high-frequency sound wave that bounces off objects as far as 14 feet before registering as a gentle, pulsing vibration on the arm. The closer the object is — whether it's a wall, trash can or person — the more frequent the pulses become. [Click here for the full article.](#)
- A new source for University Circle transportation information is available. The resource is called uGO is a new tool to make options more accessible and ensure you have a safe, fast, and easy commute. [Click here for the website.](#)

- Calling all kid-friendly holiday wrapping paper! The CYAS department is having their annual Holiday Party on December 9<sup>th</sup> and all of the youngsters in attendance will receive a gift from Santa...so our elves need your help by bringing in a roll of wrapping paper or a donation for gift wrap to be purchased. Items can be given to Lorie Marsalis or Sylvia Snyder. Thank you in advance for being a Santa's Helper!

### Did You Know?

- The following words are different, yet have the same meaning. Check out some of these Regionalisms:
  - If you want a carbonated soft drink to quench your thirst, you'll need to phrase your request wisely. If you're in the Northeast, ask for a *soda*. In the South? Request a *coke* (yes, even if you want a Sprite or Dr. Pepper). And if you're in the Mid- or Northwest, say *pop*.
  - People from the North and West refer to the public device that people drink water from as *drinking fountains*. Down South, the most popular term is *water fountain*. Simple enough, right? But if you're from Wisconsin, Rhode Island, or eastern Massachusetts and you're thirsty, you'd likely ask for directions to a *bubbler*.
  - Go shopping for athletic shoes, and the salesperson might ask what sport you play. But for those of us who wear rubber-soled shoes off the court, there are various generic names we use. In the Northeast and southern Florida, they are called *sneakers*. Most everywhere else, people refer to them as *tennis shoes* (even if you don't play tennis). And in Chicago and Cincinnati, they're referred to as *gym shoes*.