



## Keeping You “In the Know...” 11/10/16 (Thursday Edition)

### CSC Closed Friday, November 11<sup>th</sup>:

- Cleveland Sight Center will be closed on Friday, November 11<sup>th</sup>. The agency will be open as normal on Monday, November 14<sup>th</sup>.

### Self-Defense Classes to be Offered through Independent Living:

- The [Independent Living](#) program is excited to announce self-defense classes are being offered on Monday, December 5<sup>th</sup> and Tuesday, December 6<sup>th</sup> at CSC. Feedback from many clients including how they feel unsafe and vulnerable when travelling outdoors in neighborhoods and communities mostly because of vision impairments and blindness led to this initiative driven by [Scott Williams-Riseng](#). Trainings will be provided by the group 1Touch from California and sponsored by the Ohio Lions Club. Due to enthusiastic response, both classes are full. There may be more ongoing self-defense classes at Cleveland Sight Center in the future. If you would like your name added to a waiting list for the December classes, please leave your name and number with [Scott Williams-Riseng](#) (216-791-8118).

### Educating the Community:

- [Erin St. Denis](#) presented at the American Council of the Blind of Ohio conference in Sandusky with Mike Pitroff from Functional Training Services, Inc. out of Columbus on Saturday, October 22<sup>nd</sup>. Their presentation focused on low tech low vision aids for individuals who are blind or have low vision.

- [Alicia Howerton](#) and volunteer Lynn Heiligenthal-Showalter visited a volunteer fair at Bryant & Stratton College last week to recruit volunteers and tell the CSC story. On Tuesday, [Lisa Cellura](#) and [Karen Bain Hiller](#) provided a tour to Michelle Nelson of Clear Choice Custom Lasik Center and discussed potential partnerships. On Wednesday, Board Trustee [Bonnie Teeuwen](#) visited the agency and hosted a colleague for a tour and to learn more about CSC. This weekend, [Anthony Easley](#) and [Tom Sawyer](#) will have a display at the state National Federation of the Blind Conference in Independence on Saturday.



Alicia Howerton at the CSC info table with “Bob the Bobcat” mascot

- On Friday, November 11<sup>th</sup>, [Erin St. Denis](#) and [Keith Filip](#) present at the AERO conference in Columbus on the rehabilitation continuum of Argus II patients. The Argus II is a retinal implant providing stimulation for light perception for individuals who have lost their vision due to retinitis pigmentosa. [Erin](#) and [Keith](#) have provided rehabilitation for six patients receiving their Argus II implant from the Cleveland Clinic and will be starting rehabilitation for their 7<sup>th</sup> patient next week.
- Representatives from Cleveland Metroparks will visit Cleveland Sight Center on Wednesday, November 16<sup>th</sup> from 3:00 p.m. to 4:30 p.m. in the [Clyde E. Williams, Jr. Auditorium](#) to present their accessibility plan

and get input and suggestions about the plan from people who are blind and have low vision. If you would like to participate in this focus group, learn about the Metroparks' plans for improving accessibility, and add your voice to the process, please contact [Lisa Cellura](#) (216-791-8118). All are welcome.

## Eyedeas Shop's Product of the Week...and More!

- This week's featured product...holiday cards! Check out this year's selection of holiday cards, now available for purchase online and through the [Eyedeas Shop](#). Some of the cards have artwork featured by artists who have low vision. Get yours today before supplies run out! [Click here for the link](#).
- Brett Greer, who's painting "Cabin in the Wilderness" is on the cover of one of this year's cards, was recently featured by WBTV in Charlotte, NC. [Click here for the article and link to the video](#) which features Brett's story and CSC's holiday cards program!
- A customer from South Carolina who purchased holiday cards online included this note with the order: "I don't have any special instructions, I just wanted to say how amazing and inspiring this is. My sister was diagnosed several years ago with retinitis pigmentosa. Praying they will find a cure soon. God bless you!"
- Bob Kihm, who has been a volunteer cane repair man for over 10 years and friend of the [Eyedeas Shop](#), attended the Golden Games for Senior Disabled Veterans in Detroit in September and won two silver medals! No stranger to adventure, Bob recently returned from a trip to Mexico where he rappelled into a cave and frequently goes skiing in Colorado.



Bob Kihm shows his two silver medals

### Coming Up at Highbrook Lodge:

- [Holiday at Highbrook](#) - Friday, December 9<sup>th</sup> from 9:00 a.m. to 4:00 p.m. Spend the day getting ready for the holidays the camp way! Depart CSC by bus at 9:00 a.m. and head to holiday shopping in Geauga County followed by lunch at [Highbrook Lodge](#). Then spend the afternoon by the fire making holiday arts and crafts and singing holiday songs. The bus will return to CSC by 4:00 p.m. Cost is \$25 and RSVP by December 2<sup>nd</sup> by calling 216-791-8118.

[Winter Weekend](#) - Friday, February 24, 2017 to Sunday, February 26, 2017. Spend a winter weekend at camp amongst your peers and the wonderful white snow! Enjoy all of the traditional camp activities – with a wintery twist! Campers arrive at 6:00 p.m. Friday evening and depart Sunday at noon. Cost is \$60 and RSVP by February 15<sup>th</sup> by calling 216-791-8118. Transportation to and from CSC available for an additional \$15.

[Summer Camp 2017](#) - Dates and rates will be available after the New Year! Stay tuned to the [Highbrook Lodge website](#) for more details.

Interested in having a brochure sent your way? Contact the [Highbrook Lodge](#) team at 216-791-8118 or [camp@clevelandsightcenter.org](mailto:camp@clevelandsightcenter.org)!

### Items of Note:

- The Parma Hills Lions Club is hosting a fall fundraiser at Bleachers in Parma (6855 Ridge Road) on Saturday, November 12th from 7:30 p.m. – 10:30 p.m. The group has been a great supporter of CSC. They have donated to the [White Cane Walk](#), sponsored the [2016 CYAS Spring Fling](#), provided holiday “shoebox” gifts to the preschoolers, purchased a new CD player for [Early Intervention](#)...and the list goes on. This is our agency’s opportunity to support them! Tickets are \$25, which includes dinner, draft beer, wine, well liquor and can be purchased from [Sylvia Snyder](#), [Cathy Javorksy](#), and [Amy Mullen](#) or are available at the door. The event will also include sideboards, 50/50 raffles and Chinese raffles.
- Mark your calendars! The next [Job Club](#) meeting will be on November 17<sup>th</sup>. Hiring recruiters from KeyBank will join the group to conduct mock interviews and offer information about employment opportunities with their organization. Don’t forget to bring copies of your resume and dress professionally.

### Did You Know?

- On the 11th hour of the 11th day of the 11th month of 1918, an armistice, or temporary cessation of hostilities, was declared between the Allied nations and Germany in the First World War, then known as “the Great War.” Commemorated as Armistice Day beginning the following year, November 11<sup>th</sup> became a legal federal holiday in the United States in 1938. In the aftermath of World War II and the Korean War, Armistice Day became Veterans Day, a holiday dedicated to American veterans of all wars. American effort during World War II (1941-1945) saw the greatest mobilization of the U.S. Army, Navy,

Marines and Air Force in the nation's history (more than 16 million people); some 5.7 million more served in the Korean War (1950 to 1953). In 1954, after lobbying efforts by veterans' service organizations, the 83<sup>rd</sup> U.S. Congress amended the 1938 act that had made Armistice Day a holiday, striking the word "Armistice" in favor of "Veterans." President Dwight D. Eisenhower signed the legislation on June 1<sup>st</sup>, 1954. From then on, November 11<sup>th</sup> became a day to honor American veterans of all wars. To learn more about the history of Veterans Day, [click here](#).

**Have a great weekend!**

**[Steve Frohwerk, Director of Marketing, Communications and Special Events](#)**

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