

Keeping You "In the Know..." 10/12/18

White Cane Safety Day is October 15th:

White Cane Safety Day is Monday, October 15th. The white cane is an important orientation, navigation and safety tool used by those who are blind or have low vision. The National Federation of the Blind assembled in 1963 and called upon governors of all 50 states to proclaim October 15th of each year in every state as white cane day. Then, on October 6th, 1964, a joint resolution of Congress (HR 753) was signed into law authorizing the President of the United States to proclaim October 15th of each year as "White Cane Safety Day". Within hours of the passage of this congressional joint resolution, then President Lyndon B. Johnson recognized the importance of the white cane. For more information on this important date, <u>click here</u>.



Sign that reads "Please Yield for White Canes. It's the Law."

 Cleveland Sight Center continues to work to increase the visibility and awareness for support of House Bill 587, which would require Medicaid coverage for white canes. Part of this awareness is a letter-writing campaign to state legislators that CSC staff members, Board Trustees, clients, volunteers and friends of the agency can participate in. For those interested, here is a link to CSC's website which contains a template letter to send to your Ohio State Representative. For a list of State Representatives, visit http://www.ohiohouse.gov/.

What's Happening at CSC:

- Barbara Piascik and Taylor Volrich, CSC's new vision rehabilitation therapist, attended a Vision Awareness Fair sponsored by the Philomatheon Society of the Blind and in partnership with Opportunities for Ohioans with Disabilities (OOD) in Canton this week.
- What do you get when you take one Jennifer Dean, add 352 pages and divide by 10 volunteers? An accessible textbook! Ongoing CSC Volunteers and groups like Case by Case, Case for Sight, and Delta Gamma, recently teamed up to make reading a Geography book possible using a braille note taker, proofing and editing text to make sure that words pulled into a text file using optical character recognition (OCR) were in the correct order and spelled and formatted properly so the student who will use the book can use it as efficiently as his peers. Some feedback from those who worked on this project included:

-"I didn't realize what goes on behind the scenes to make books available for students who experience blindness or low vision. This was a really great learning experience."

-"This was such an interesting project! I got to learn about world religions."

-"Good for this student. They are going to be way smarter than me!"

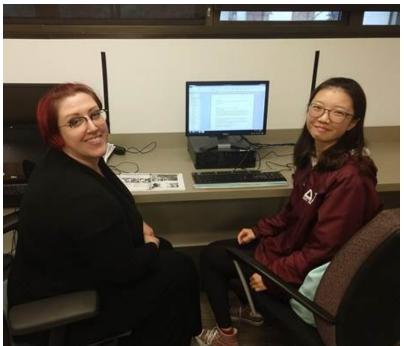
A big thank you to all of the volunteers and groups who came to support this project!



Scanning the book so that OCR can be run is the first important step to this project



Students in the Case by Case group with Nicole Kahn and Jennifer Dean



Jennifer Dean sits alongside Delta Gamma volunteer who is editing her chapter of the textbook

- Social Recreation activities this week included Line Dance, Crochet, Book Discussion Group and Chess Club.
- Students in Bright Futures Preschool had another busy week at CSC, getting to learn about farms, where in the world apples grow, the different types of apples and making applesauce!



Preschooler sorts red, green and yellow apples



Preschool practices "cooking" with apples

• The United States Association of Blind Athletics (USABA) is hosting its annual National Fitness Challenge! Participants with vision loss across the country are teaming up to get fit! Each participating city receives 25

Fitbits to be passed out to help participants track their daily step count on their smart phones. If you are interested in joining the USABA National Fitness Challenge, please email Mollie Evans at <u>mevans@clevelandsightcenter.org</u> or call 216-791-8118 to learn about receiving a Fitbit and/or joining the NFC Fitbit group!

- The Development team will host a Donor Recognition event on Wednesday, October 24th in the ballroom at Judson Manor. Major supporters of Cleveland Sight Center have been invited to an evening of food, beverage and entertainment, highlighted by a guest appearance by Rick Jackson, the award-winning senior host and producer of Ideas and NewsDepth news programs on WVIZ/PBS and the Friday host of The Sound of Ideas® on 90.3 WCPN. Rick Jackson has 30+ years experience in local and network television; both public and commercial radio; and in hosting the nationally syndicated public affairs series Village America, previously seen on PBS. He was honored as a 2001 inductee into Ohio's Broadcasting Hall of Fame. He is also an of Emmy Award recipient, and has won awards from the Society of Professional Journalists, a Communicators Award, Women in Communications Awards and from the Associated Press. For more information on this event, contact Karen Hiller (216-791-8118).
- The CARF team continues preparations for the CARF Surveyors visit to CSC on November 29th -30th. CSC has been assigned these surveyors:

James W. Baxter, Ph.D, CPHQ, CBHE, Administrative Surveyor, Team Coordinator/Report Compiler (St. Paul, MN)

Marcia L. Echavarria, MPH, M.S. Ed., CVRT, CLVT, Program Surveyor Michael E. DeBakey VA Medical Center-Advanced HOPTEL Outpatient Blind Rehabilitation Clinic (VISOR) (Houston, TX)

Sharon Duke, M.S., CRC, Program Surveyor Goodwill Industries of Kentucky (Louisville, KY)

Low Vision Clinic Corner: What Does 20/20 Vision Mean?

• What Does 20/20 Vision Mean?

Vision Testing

Visual acuity is usually measured with a Snellen chart. Snellen charts display letters of progressively smaller size. "Normal" vision is 20/20. This means that the test subject sees the same line of letters at 20 feet that a person with normal vision sees at 20 feet. 20/40 vision means that the test subject sees at 20 feet what a person with normal vision sees at 40 feet. Another way of saying this is that a person with 20/40 vision has vision that is only half as good as normal - or, objects must be at half the normal distance for her or him to see them. A person with 20/20 vision is able to see letters 1/10th as large as someone with 20/200 vision. 20/20 is not the best possible eyesight however, for example, 20/15 vision is better than 20/20. A person with 20/15 vision can see objects at 20 feet that a person with 20/20 vision can only see at 15 feet.

Levels of Vision

20/20 - Normal vision. Fighter pilot minimum. Required to read the stock quotes in the newspaper, or numbers in the telephone book.

20/40 - Able to pass Driver's License Test in all 50 States. Most printed material is at this level.

20/80 - Able to read alarm clock at 10 feet. News Headlines are this size.

20/200 - Legal blindness. Able to see STOP sign letters.

Item of Note:

 The Dancing Wheels Company & School presents their "Babes in Toyland" production on November 9th and 10th at the Saint Ignatius Breen Center for the Performing Arts. CSC clients, staff and constituents are being offered a special discount rate of 10% off the ticket price for the Saturday, November 10th performance. Call 216-432-0306 for tickets which includes a fun family party after the show. When calling, use "ADA Group" as the code to receive the discount. The organization also will have two special student matinee performances on Friday, November 9th at 10:00 a.m. and 1:00 p.m. This performance is open to children in school, home schooled, and senior groups. The price of the ticket is \$5 per person but does not include a party.