

## **FEBRUARY IS LOW VISION AWARENESS MONTH**

Did you know every February is recognized as Low Vision Awareness Month? Low vision is the term used to describe significant visual impairment that cannot be corrected by: contact lenses, standard eyeglasses, medication or surgery. As people in the United States continue to live longer, eye diseases and vision loss have become common public health concerns. Most people develop low vision as a result of eye conditions and diseases, such as: Macular Degeneration, Diabetic Retinopathy, Glaucoma, Cataracts, Retinitis Pigmentosa and sometimes stroke.

Currently, 10 million Americans are blind or visually impaired. 4.2 million of those Americans are 40 years of age or older. By 2030, this number is projected to reach 7.2 million, with 5 million experiencing low vision. Commonly, the increase in vision loss often leads people to feeling anxious or depressed and makes daily activities incredibly difficult to complete or partake in. Vision rehabilitation can help people with vision loss to maximize their remaining vision while maintaining their independence and quality of life by teaching them how to:

- Move safely around their home.
- Continue to read, cook and do other activities.
- Find resources, adaptive devices and support.

Do you or does someone you know have low vision? Cleveland Sight Center can help!

- Contact us at 216-791-8118 to learn about our programs and services or to begin services.
- Call the Low Vision Clinic at 216-791-8118 to make an eye appointment. For more information, [click here](#).
- Visit our Eyedea Shop at our main headquarters in University Circle or shop [online](#) anytime for products to help you live well with vision loss.